PLEASE SEE ANGIE FOR YOUR RECIPE

4:30-4:45

REGISTRATION

PLEASE ARRIVE WITH ALL ENTREES DURING THIS TIME.

5:00-5:30

TIME TO ENJOY

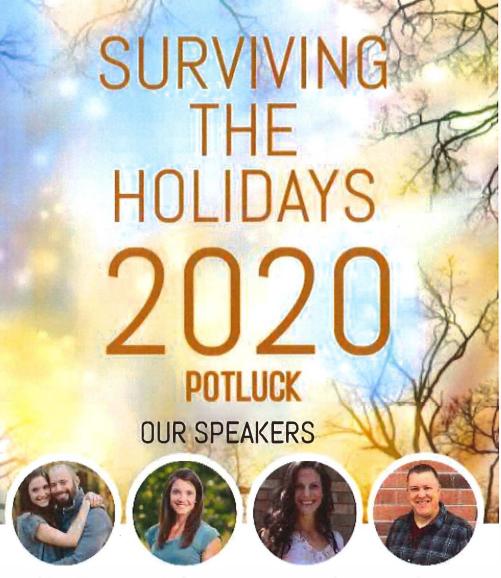
TIME TO ENJOY ALL
THE AMAZING HEALTHY
RECIPES EVRYONE HAS
PREPARED AND BE
BLOWN AWAY BY HOW
INCREDIBLE THEY ALL
TASTE!

5:30-7:00

ADVANCED TALK

HOW DO YOU SURVIVE THE HOLIDAYS WITHOUT STRESS, OVER EATING, OVERSPENDING AND GETTING SICK. YOU'RE GOING TO RECIEVE ALL THOSE ANSWERS.

REGISTRATION IS
REQUIRED BY
11-11-2020
OPEN TO THE PUBLIC
DON'T FORGET YOUR
ACCOUNTABILITY
PARTNER.



MATT PAMER CHIROPRACTOR

JENNY PAMER CHIROPRACTOR

MEGAN WALKER CHIROPRACTOR

ANDY BEARE
PASTOR

SPECIAL GUEST SPEAKER: DR. BEN LERNER
2 TIME BEST SELLING AUTHOR WITH MILLON OF
BOOKS SOLD

DATE: WED 11-18-2020

TIME: 5:00PM

WHERE: HEARTLAND CHURCH

Contact Angie to register at pamerwest@yahoo.com or 419-529-2703

David C. Pamer, Boctor of Chiropractic 8 Mathias C. Pamer, Boctor of Chiropractic 300 Lexington-Springmill Road S.

Mansfield, OH 44908

[419] 529-2703